

Leaders Guide for

Family Preparedness Educational Program

Developed by
Extension Disaster Education Network
Family and Consumer Sciences
Program Area Working Group



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Overview

This Family Preparedness educational program will help families alleviate fear and mitigate loss in the event of disaster. The program features the same focuses used in FEMA's Ready America campaign and by the American Red Cross:

- Get a kit.
- Make a plan.
- Be informed.
- Get involved.

The program also provides information on possible natural and manmade disasters to help families better prepare.

This program can be taught with all three segments in about 1½ hours, or each segment can be a separate short lesson. Of course, the time will vary greatly with demonstrations and discussion. You may choose to spend additional time on teaching about disasters that are more likely for your area or by having participants actually start writing out their plans. Asking local emergency specialists to speak enhances the program and the time.

After this program, participants will be able to:

- Make a family disaster kit
- Develop a family disaster plan
- Understand warnings and typical disasters in their areas.
- Get involved in local disaster preparedness.

Leader Preparation

Equipment needed: LCD projector, laptop computer, screen, copies of disaster kit and family emergency plan handouts, sample disaster supplies kit, sample document safe box

Download the PowerPoints, and copy resources you choose to hand out.

Suggestions and background information for you as the instructor are in **boldface** in this leader guide. Sources are listed in parentheses.

Incorporate slides from the Possible Disasters PowerPoint that explain specific disasters in your area into the Be Informed unit.

Resources

Extension Disaster Education Network

www.eden.lsu.edu

FEMA www.ready.gov or 1-800-BE-READY
IS-7 A Citizen's Guide to Disaster Assistance and
IS-22 Are You Ready? An In-depth Guide to
Citizen Preparedness

<http://training.fema.gov/IS/crslist.asp>

Red Cross www.redcross.org/

Credits

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