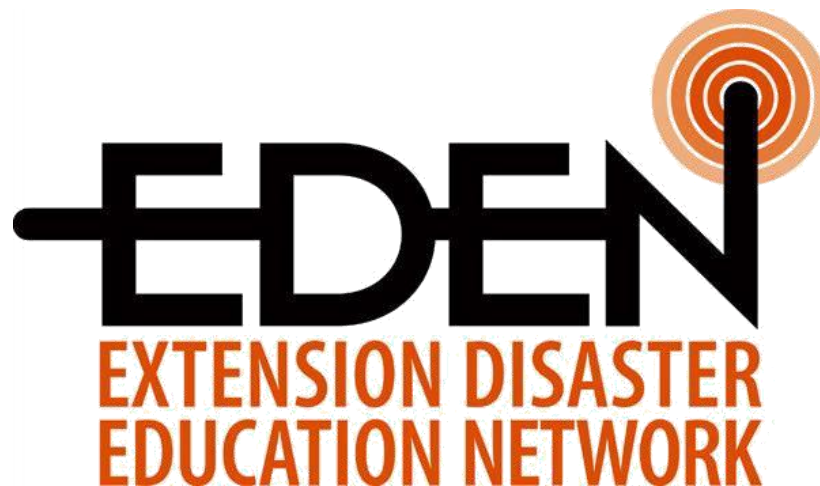


Leader Guide for

Family Preparedness Educational Program

Developed by
Extension Disaster Education Network
Family and Consumer Sciences
Program Area Working Group



Updated September 2017

Overview

This Family Preparedness educational program will help families alleviate fear and mitigate loss in the event of disaster. The program features the same focuses used in FEMA's Ready America campaign and by the American Red Cross:

- Get a kit
- Make a plan
- Be informed
- Get involved

The program also provides information on possible natural and manmade disasters to help families better prepare.

This program can be taught with all three segments in about 1½ hours, or each segment can be a separate short lesson. Of course, the time will vary greatly with demonstrations and discussion. You may choose to spend additional time on teaching about disasters that are more likely for your area or by having participants start writing out their plans. Asking local emergency specialists to speak enhances the program and increases the time needed.

After this program, participants will be able to:

- Make a family disaster kit
- Develop a family disaster plan
- Understand warnings and typical disasters in their areas
- Get involved in local disaster preparedness activities

Leader Preparation

Equipment: LCD projector, laptop computer, screen, copies of disaster kit and family emergency plan handouts, sample disaster supplies kit, sample document safe envelope or box

Download the PowerPoints, and copy resources you choose to hand out.

Suggestions and background information for you as the instructor are in **boldface** in this leader guide. Sources are listed in parentheses. Review the script so you can teach the lesson in your own words.

Incorporate slides from the **Possible Disasters** PowerPoint that explain specific disasters in your area into the Be Informed unit.

Resources

Extension Disaster Education

Network www.eden.lsu.edu

FEMA www.ready.gov or 1-800-BE-READY

Red Cross www.redcross.org/get-help/how-to-prepare-for-emergencies

Credits

This program was developed for the Extension Disaster Education Network (EDEN) by:

Utah State University: Carolyn Washburn, Family and Consumer Sciences Agent/Associate Professor, Washington County

North Dakota State University: Becky Koch, Agriculture Communication Director; Haley Tweten, Ben Hoffman, Breanna Koval, Florija Adjari, Dustin Jensen and Alex Cole-Corde, Emergency Management Students

Reviewed by others in the EDEN Family and Consumer Sciences Program Area Working Group:

Lynette Black, Oregon State University
Kim Cassel, South Dakota State University
Sarah Kirby, North Carolina State University

Eunice Sahr and Rita Ussatis, North Dakota State University
Deborah Thomason, Clemson University
Connee Wheeler, University of Kentucky